Newsletter

Serving the families of those who served.

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South Australia & Broken Hill Inc.
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LegacySAandBH

LEGACY
SOUTH AUSTRALIA & BROKEN HILL

September/October 2025

A Fun Day at the Zoo

We're thrilled to share the wild tales from our day trip to the incredible Monarto Zoo! Our Legacy families embarked on a safari tour like no other, where the mild winter's day set the perfect stage for an unforgettable adventure.

With the sun peeking through the clouds, our families were treated to awe-inspiring sights of majestic animals enjoying their day. From the towering giraffes stretching up to the treetops to the playful antics of cheeky meerkats, every moment was a snapshot of nature's wonder! The children's eyes sparkled with excitement as they came face-to-face with a stunning array of animals, each encounter more thrilling than the last. Parents and their children alike were swept up in the magic of the safari tour, sharing laughter and creating memories that will last a lifetime.

To top off their wild adventure, the group gathered at the zoo's cozy café for a delicious lunch. It was a perfect opportunity to share stories and laughs. We cherish these moments of connection and fun, and we're so grateful to have shared this experience with all of you.

President's Message
Legatee Heather Willis

Dear Legacy Family,

September - the start of Spring - a wonderful time of year with warmer weather to look forward to and garden's flourishing and blooming.

There has been a lot happening over the last couple of months and this Newsletter is filled to the brim with news. Even though winter keeps some of us inside, our Legacy Youth have been out and about enjoying all sorts of activities. From observation of the photo gallery, it looks like the day at Monato Zoo was enormous fun for our families and their Legatees.

I'm glad to see so many coming to the luncheons in Adelaide each month. It's always a great day and the Community Services team make sure that each event is interesting and enjoyable. I know there are widows' clubs and social groups outside of the city who also hold regular gatherings, luncheons and road trips - I'm glad you are also enjoying the friendship of our Legacy family. We would love to see more of your photos in the Newsletter!

I had the pleasure of joining a few birthdays recently. Tea Tree Gully Widows' Club had their 38th anniversary in July and Lockleys Widows' Club held their 31st in August. I thoroughly enjoyed both events, hearing about their stories and particularly the delicious cakes! I also visited the Woodside Social Group for afternoon tea and had lunch with Lower South East ladies during my visit to Mt Gambier in early August. It is wonderful to know that our clubs and social groups bring so many people together in local areas. The list of clubs and social groups is included in this issue. If you are thinking of joining one, please give us a call.

The Legacy Junior Public Speaking Awards is an excellent out-reach program for schools and we conducted a highly successful program again this year. Congratulations to Isabella and Ethan, the two finalists from the State Heats held in August. The talent on display by all of the students was quite inspiring. These young people are aged 12 to 14 and their skill at responding to the given topics was thoughtful and perceptive and wonderful to see! Good luck at the National Finals..

I have attended a number of veterans' commemorative services in Adelaide recently, placing a tribute on behalf of Legacy. Victory in the Pacific (80th anniversary), Vietnam Veterans' Day and the service for Malaya & Borneo all occurred in the last few weeks. Each was significant. Each was important. We continue to remember together the service and sacrifice of our veterans and the impact on their families.

L-R: L/Bob Willis, Janice Silby, L/Heather Willis.

You may be aware that Ms Janice Silby, DVA Deputy Commissioner SA, retired last month. I have thanked her formally for her dedication, for the significant impact she has had on the welfare and wellbeing of veterans and their families over the last nine years, and for her friendship and support of Legacy. Ms Jenn Buckler has taken on this role and we welcome her.

There are many federal, state and local government services available to Legacy beneficiaries, as well as those provided by our regular support network. So please have a good look at of all the information in this issue and make contact if you need any help.

September hosts Legacy Week and our annual fundraising campaign is almost upon us. Thank you to all those who help during this period - Beneficiaries and Legatees alike. It is always super busy and it gives us a great opportunity to reach out into the community and tell everyone about Legacy. I hope you all have a great week.

For those celebrating a birthday or anniversary or any happy event - I wish you all well.

As always, yours in Legacy

Heather Willis

Legacy Junior Public Speaking State Finals

A large group of family, friends, teachers, and Legatees gathered in Memorial Hall on a very wild night to listen to the South Australian State Final of the Legacy Junior Public Speaking Awards. Ten young speakers, from six Adelaide schools, presented their prepared and impromptu speeches based on one of the Legacy ideals. Our finalists showed amazing skill and maturity and left the audience inspired and proud. Topics included 'The Need for Nurture', 'Voluntary Service - Small Steps to Greatness' and 'Dare to Care -The Power of Compassion.' We agreed all of our speakers were winners on the night, however, the Judges chose two speakers to represent South Australia in the National Finals at Parliament House, Adelaide, in November. They are Isabella Taylor from Seymour College and Ethan Tran from St Peters' College. We congratulate them and wish them well.

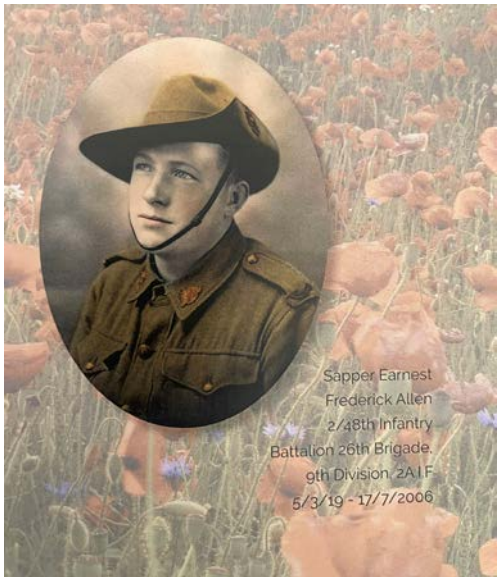
The Encouragement Award went to Charlotte Crago from Scotch College. They will be joined by finalists from NSW, Victoria and Tasmania. Sincere thanks to our judges and officials, legatees and staff who lead this Annual Legacy Event.

Legacy Family Day at Monarto Zoo Photos

Beneficiary June Luncheon

What a beautiful day we had at June's beneficiary luncheon! With the winter skies clearing, it set the perfect backdrop for a day filled with warmth and connection. Our President, Legatee Heather Willis, shared an insightful update on her role during the year. Her dedication and the many kilometres she has travelled in support of both legatees and beneficiaries truly shone through. The camaraderie and engaging conversations between everyone in attendance was heartwarming to observe, and we welcomed a number of new beneficiaries who were attending the event for their first Legacy Luncheon.

Legacy Supporter:
Broken Hill Distillery



Recently, President Heather Willis, GLO Legatee Paul Keady, Past President Legatee Bob Willis and CEO Dan Demaria travelled to Broken Hill for the Presidents' visit and the Group's annual dinner. The Broken Hill Group is very active in their local community and enjoys a strong revenue stream from their management of 15 houses in the area, overseen with dedication by their hard-working Secretary, Legatee Mark Winen.

Longtime Group supporters, Eric and Heidi Hanna from Broken Hill Distillery at the Tydvil Hotel, have once again generously donated $10,000 to Legacy SA&BH from sales of their Remembrance Gin. Since the start of their Remembrance Gin in 2022, $30,000 has been raised for Legacy Broken Hill. Each year, Broken Hill Distillery rebrand their award winning Rosemary, Rivermint and Wattleseed Gin and dedicate the Remembrance Gin to an Australian Defence Force member from Broken Hill. This year's dedicatee is Earnest Fredrick Allen, born in Broken Hill on the 5/03/1919 and deceased 17/07/2006. Earnest enlisted on 3/06/1940, 2/48th Infantry Battalion, 26th Brigade, 9th Devision 2nd AIF. The Battalion was the most highly decorated Australian battalion of the Second World War and its motto "Numquam Victus" is Latin for "Never Defeated". Broken Hill Legacy would like to thank Earnest Frederick Allen's family for allowing us to honour him on this year's Gin Label. Broken Hill Distillery conducts this yearly fundraiser to support our veterans' families. Each year $10,000 is raised through sales of 200 bottles of Remembrance Gin and this money goes directly to Legacy Broken Hill. These funds allow Legacy to care for families of Australian Defence Force member who lost their lives or their health because of service. The Remembrance Gin is $100 a bottle and can be purchased online – search "Broken Hill Distillery" in your search engine and click the "Shop Online" button to order you Gin. Delivery is only $10.

Picture above L-R: Dagmar Keady, L/Paul Keady, L/Julie-Ann King, Dan Demaria, L/Heather Willis, L/Pat Donohue, Eric Hanna, Heidi Hanna, L/Mark Winen.

Vietnam Veterans' Luncheon

As we reflect on the significance of Vietnam Veterans' Day, we are filled with gratitude and admiration for the brave individuals who served during this challenging chapter of history. On Monday, August 18th, over 100 Legacy beneficiaries gathered for a heartfelt luncheon dedicated to acknowledging and commemorating Vietnam Veterans' Day.

It was a day of remembrance, reflection, and recognition of the sacrifices made by those who served and their families. Their courage and dedication have left an indelible mark on our nation's history, and it is our duty to ensure their legacies are never forgotten.

We extend our deepest gratitude to everyone who attended the luncheon, your presence and contributions help us honour the memory of our veterans. Legacy remains committed to ensuring that together, their legacy lives on, and that their families receive continue to receive the care and support they deserve.

Blackwood Social Group Outing

The Blackwood Social Group, accompanied by Legatee Laz Meszaros, embarked on a scenic day trip through the Mount Lofty Summit. The group enjoyed morning tea at the cosy Uraidla Republic Cafe, followed by a drive through the Hills, and a lunch at Mannum's Pretoria Hotel, overlooking the mighty Murray River.

Tea Tree Gully Celebrates 38 Years

This year, the Tea Tree Gully Widows' Club proudly celebrated 38 years of friendship, support, and connection. To mark the occasion, members gathered for a celebratory lunch at the Modbury Hotel, joined by Legacy CEO Dan Demaria, President Heather Willis, and Legatees Ross Smith and Peter Orchard.

Left pictured L–R: CEO Dan Demaria, Tea Tree Gully Club President Kaye Black, and Legacy President Heather Willis.

Art Gallery Adventures

In July, the Legacy Art Group attended the 2025 Ramsay Art Prize exhibition, an experience that everyone thoroughly enjoyed. The exhibition showcased a diverse range of creative talent, sparking interesting discussions and inspiration among the group.

L-R: Tina Champion, Lynne Ryan, Dom Reiman, Mary Margetts, Brenda Taheny, Judy Zajer, Elizabeth Swain, Robin Thurlow, Brenda Harnden, Debbie Glastonbury, Jane Minney and Margaret O'Keeffe.

Executive Club Luncheon

We are thrilled to reflect on the success of our recent Annual Club Executive Luncheon, where we celebrated the dedication and hard work of each Beneficiary and Legatee who plays a pivotal role in overseeing the running of our cherished Widows' Clubs and Social Groups.

Their efforts and dedication ensure that our social groups and clubs continue to flourish, providing a vital network of support and companionship for those who attend. Together, we are not just building clubs; we are nurturing a legacy of care, compassion, and connection.

Lockleys Celebrates 31 Years

The Lockleys Widows' Club celebrated its 31st birthday on Monday, 25 August at the Airport Over 50's Club. Legacy President Heather Willis attended the event and enjoyed a lovely lunch with the members.

Club President Lona Wilson warmly thanked Heather and Legacy for their continued support.

A special thank you goes to Legatees Helen Rayner and Sue Phillips for coordinating the celebration and providing the magnificent birthday cake.

Top left picture L-R: Marilyn Bruhn, Lockleys President Lona Wilson, and Legatee Sue Phillips.

Lower South East Visit

The President visited the Lower South East Legacy Group in early August and had the pleasure of connecting with several beneficiaries and Legatees. Despite the cool weather everyone enjoyed lunch and a laugh.

Legatees Barb Smith (front left), Rob Sandow (middle right) and Bob Willis (not shown) was also in attendance on the day.

Christmas Pudding Ordering

Legacy Christmas puddings are now available to order. The pudding is based on an exclusive recipe to Legacy so you can enjoy a unique quality dessert for lunch or dinner.

$11 per box - Small Puddings (4 x 100g puddings per box)
$15 per box - Large Pudding (1 x 800g pudding in bowl per box)

To order, scan the QR Code, visit our website or order through the form in this Newsletter.

Birthday Celebrations

We would like to wish the following Beneficiaries a very **Happy 100th Birthday**

Mrs Doreen Lovell
Mrs Clarice Cowen
Mrs Daphne Hooper
Mrs Lorraine Gormann
Mrs Florence Daniels
Mrs Margaret Rennie
Mrs Esther Whitelum

Eileen Rennie

Flo Daniels with Legatees Bev O'Loughlin, Leta Kohler and Ron Kohler

National Assistance Card

The National Assistance Card is a personalised identification card to assist people with disability in the community. The project is funded by the Australian Government Department of Social Services. The Card is currently available to individuals diagnosed with Autism and people with a brain injury in Australia.

The Card can be used in everyday and emergency situations to help cardholders communicate their unique areas of difficulty and the assistance they may need. Every Card is personalised, and cardholders can choose what information to include on their Card. Additional information (in writing and/or via video) can be added to a QR code.

This is what the Card looks like (including an example of the back of the Card for individuals with Autism and people with brain injury).

You can scan the QR code on the sample Card to see an example of the information people can add (video is optional).

How to Apply

Anyone who is eligible can complete the online application here:
www.nationalassistancecard.com.au/apply

Home Security

Home security habits

Make security a habit. It costs nothing!

Doors, windows and gates

Lock external doors, gates, garage door and shed. Keep windows closed if you're out, in the yard or in another part of the house.

Pack up

Put away garden tools, ladders and wheelie bins. They can help thieves enter your house.

Bikes and vehicles

Keep bikes out of sight. Secure with a quality lock. Keep cars locked, even in the driveway or garage. Remove valuables, keys or remotes.

Car keys, credit cards and jewellery

Keep them out of sight, not in the hallway or on the kitchen counter.

Manage deliveries

Use parcel lockers or parcel collect to prevent theft of your deliveries or indicating that you are absent from home.

Need help?

Call **Triple Zero (000)** for police, fire, ambulance in an emergency.

Call **131 444** for non-urgent police attendance.

Report crime anonymously at **crimestopperssa.com.au** or by calling Crime Stoppers on **1800 333 000**.

Need more information?

Turn this page over for more on this topic, or see how you can *protect what matters* by scanning the code or visiting **www.police.sa.gov.au**

Disclaimer: This publication contains only general guidelines and strategies for dealing with safety and security, and no guarantees or representations are made concerning their effectiveness. SA Police accept no responsibility for any injury or loss resulting from the application of these strategies.

SOUTH AUSTRALIA POLICE
SAFER COMMUNITIES

Government of South Australia

PROTECT WHAT MATTERS

First Staff Member
Centenary of Legacy, History Item #8

Initially when the then Adelaide Legacy began operations in February 1928, it met weekly over lunch time at Balfour's Café in King Willam Street, Adelaide. Families of deceased veterans were identified, and tasks were allocated to individual Legatees with a requirement to report back the next week or soon after. It was all managed by the Club executive and committee.

However, the need for a more efficient management method was soon recognised. Over the years partly autonomous committees of Legatees were formed to manage the various functions. Early examples were Comradeship, Entertainment and Employment committees as well as a Policy, Rules and Programme Committee.

With the impact of the Great Depression soon beginning to be felt, the task of assisting Legacy Wards and widows to find jobs became an increasingly challenging task[1] for the Employment Committee.

The scale of the task eventually resulted in the decision to employ secretarial assistance. Mrs Doris Bannigan, the widow of a Legatee, was employed as the Records Officer on a salary of 100 pounds a year. However, she was apparently told that if the club hadn't enough money to get through the year, she would have to give it back!

The Club through courtesy of the SA Railways, had – for a nominal rental – been given access to some rooms adjacent to the Adelaide Railway Station and known as 'Tin town' as they were corrugated iron buildings. Mrs Bannigan had an office there. During hot summer days it was a challenging place to work. Interestingly not all Legatees supported the employment of a Record Officer, particularly a woman!

After she had been working for some time, she later recalled 'how a Legatee who had often voiced his concern, appeared in her office at 'Tin Town' one afternoon and sat there listening in as she answered the phone and chatted to various youngsters about employment as well as taking notes of a new Legacy family'. When he left, he said, 'I was wrong but if it had been anyone but you, I would have been right'. He then went off to make his peace with the Board of Management with whom he had argued fiercely about the need for outside help[2].

The fifth Annual Report of the Club 1933-34 noted that 'during the year the Board had agreed to the recommendation of the Employment Committee to the appointment of a permanent Records Officer… this move has been an outstanding success'. The Chairman of the Employment Committee reported enthusiastically on Mrs Bannigan's work and the success of the new position, noting that during the year 414 employment vacancies had been filled compared with 237 the previous year.

Interestingly, in the year Mrs Bannigan was appointed the Employment Committee expenses were 117 pounds, 8 shillings and 8 pence out of a total Club expenditure of 1,142 pounds, 15 shillings and 11 pence, with some 584 pounds in the bank!

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[1] Unemployment in 1927 was 7.2% of the working force but by 1934 this had risen to 34%. 'In an article published in 1935, G.R. Giles suggested that approximately 60% of boys and girls between the ages of 18 and 21 in South Australia were unemployed. At least 30,000 young people were in need of jobs.' ('Fathers Anonymous', Legacy in South Australia, Broken Hill and Northern Territory, Ed. D Colemen, 1970. P71).
[2] Detail drawn from' Fathers Anonymous' P72.

Mrs Bannigan served Legacy for 13 years until she retired in 1946. On her departure from Legacy, the President presented her with an illuminated address and a refrigerator from members as a 'tangible token of their regard and of a wonderful job done'[3].

For her outstanding work during the Depression, which as well as handling employment and records had included family problems, education, housing and vocational guidance, Mrs Doris Bannigan was appointed a Member of the British Empire (MBE).

By the end of WWII, the volume of Legacy Club work was such that the volunteer Legatees could not cope and in March 1946 a paid Secretary was appointed. Legatee Hartley Williams was appointed Employment Officer and Office Administrator. As a paid staff member, he was requested to resign from the Club for that reason. He remained Administrator until his death in 1954. The 'first' Welfare Officer was Mrs Mage Suggs who also joined Legacy in 1946 although towards the end of her tenure Mrs Dorris Bannigan had effectively been a Welfare Officer.

Legacy staff numbers reached a peak when the Club occupied the large Waymouth Street Legacy House in the 1960s and also operated several hostels for Legacy Wards. In 1991, when the Club moved to the new purpose-built but much smaller Legacy House in Franklin Street, it proved possible to reduce staff numbers particularly as a full kitchen staff was no longer required as the volunteer ladies of the Legatees Wives and Widows Auxiliary took over the catering role.

Legatee Don Stewart

[3] *Detail taken from a 1945 undated press clipping in a Legacy Club scrapbook.*

South Australian
Metropolitan Fire Service

Home fire safety fact sheet: Smoke Alarm Servicing Schedule

Home fire safety fact sheet

Smoke Alarm Servicing Schedule

Australian Standard 1851–2012 details a servicing regime for smoke alarms in domestic dwellings.

The SA Metropolitan Fire Service (MFS) has used AS 1851-2012 to develop the schedule overleaf to record smoke alarm maintenance. Keep a copy of the completed schedule for future reference.

NB Whilst the Standard sets the minimum requirements for smoke alarm maintenance the MFS recommends that you test and clean your smoke alarms more frequently.

The MFS recommends testing them every month and cleaning them at least every six months.

Would you like to join one of our Widows' Club or Social Group?

Below is a list of our Widows' Club and Social Groups. If you are interested in joining, please contact the Community Service Team on **08 8231 9812**.

Berri/Barmera Legacy Social Group
Blackwood Legacy Social Group
Brighton/Hove Legacy Widows' Club
Central Districts Legacy Social Group
Clare & District Legacy Social Group
Colonel Light Gdns Legacy Widows' Club
Gawler Legacy Widows' Club
Goolwa Legacy Social Group
Kilburn Legacy Social Group
Largs Bay Legacy Social Group
Lockleys Legacy Widows' Club
Lower South East Legacy Social Group
Loxton Legacy Social Group
Manningham Legacy Social Group
Mt Barker & Dists Legacy Social Group
Noarlunga Centre Legacy Social Group
Plympton Legacy Widows' Club
Port Adelaide Social Group
Renmark Legacy Social Group
Stirling & Districts Legacy Social Group
Strathalbyn & Dists Legacy Social Group
Tea Tree Gully Legacy Widows' Club
Victor Harbor Legacy Social Group
Waikerie & Districts Legacy Widows' Club
West Croydon Legacy Social Group
West Torrens Legacy Social Group
Woodside Legacy Social Group
Yorke Peninsula Legacy Social Group

Pine Cottage

Holiday House, Victor Harbor

Located within walking distance to shops and local eateries and a short drive to the beach and other township attractions. The self-contained property has everything to make your seaside holiday a comfortable and pleasant experience.

Pine Cottage bookings for 2026 open 9am Friday 3 October

Call 8231 9812 to book in.

The cost is **$420 per week**, Friday afternoon to the following Friday morning.

LEGACY SOUTH AUSTRALIA & BROKEN HILL

Serving the families of those who served.

76th Annual Legacy Race Day

Saturday 8th November
(Champions Stakes Day)
MORPHETTVILLE RACECOURSE

Scan To Book

LEGACY SOUTH AUSTRALIA & BROKEN HILL

Serving the families of those who served.

What's On

War Widows' Day High Tea

LOCATION
Glanville Hall
8 Park Avenue, Semaphore Park

DATE & TIME
Friday 17 October
Arrival From 10:30am
High Tea commences at 11:00am

Bus transport from Torrens Parade Ground available on the day.

RSVP
To RSVP, please call Legacy on **8231 9812** or
email **familyservices@legacysa.org.au**
by COB Friday 3 October 2025.

Please advise of any dietary requirements when booking.
Please note seating preferences on the day cannot be guaranteed.

LEGACY SOUTH AUSTRALIA & BROKEN HILL | **Serving the families of those who served.**

Beneficiary October Luncheo

Beneficiary October Luncheon at full Capacity.

LOCATION
Adelaide Pavilion
Veale Gardens cnr South Terrace and
Peacock Road

ctober
11:30am
nces at 12:00pm

Fre ciaries

gacy on **8231 9812**
0 October 2025.

y dietary requirements when booking.
preferences on the day cannot be guaranteed.

LEGACY SOUTH AUSTRALIA & BROKEN HILL | **Serving the families of those who served.**

REMEMBRANCE DAY LUNCHEON

LOCATION
Adelaide Pavilion
Veale Gardens cnr South Terrace and Peacock Road

DATE & TIME
Wednesday 5 November
Arrival From 11:30am
Lunch commences at 12:00pm

RSVP
To RSVP, please call Legacy on **8231 9812** or email **familyservices@legacysa.org.au** by COB Friday 17 October 2025.

Please advise of any dietary requirements when booking.
Please note seating preferences on the day cannot be guaranteed.

LEGACY SOUTH AUSTRALIA & BROKEN HILL

Serving the families of those who served.

Legacy CHRISTMAS Lunche

Legacy Christmas Luncheon at full capacity.

LOCATION
Torrens Parade Ground
1 Victoria Drive
Adelaide SA 500

TIME
ecember 2025

egacy Beneficiaries
mpanying Guests

ransportation available

LEGACY SOUTH AUSTRALIA & BROKEN HILL

Serving the families of those who served.

Australian Government Mobile Service Centres

If you live in a rural area, you may need to travel greater distances to access government payments and services. To make it easier for you to access these services, we're bringing them to you and your community.

Mobile Service Centres travel extensively throughout rural and regional Australia and also to disaster affected areas to provide help and support.

Staff from Services Australia travel with the Mobile Service Centres and can help you with Centrelink and Medicare payments and services. Our Mobile Service Centres also have disabled access.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Wi-Fi is available for visitors to the Mobile Service Centre and staff will be able to help you create a myGov account. myGov is a simple and secure way to access government services online.

Our staff will provide you with friendly face-to-face service, information and support. From time to time, representatives from other government agencies also travel with the Mobile Service Centres.

More information

To view the latest itineraries for the Australian Government Mobile Service Centres, visit **servicesaustralia.gov.au/mobileoffice**

The stopping locations for Mobile Service Centres are promoted in each town and on social media before each visit.

Information and help you can access on board the Mobile Service Centres

We provide information, help and support to rural and regional communities, including:

- families
- older Australians
- students
- job seekers
- people with disability
- carers
- farmers
- self-employed people.

We can assist you with:

- registering and using the agency's online services
- new claims for Centrelink payments
- updating and confirming Centrelink and Medicare information
- information on how financial matters may impact on payments
- assistance with payment and service options
- rural payment entitlements for eligible farmers
- non-cash Medicare transactions
- enrolling for and issuing new Medicare cards
- updating and re-issuing Medicare cards
- social work support and referrals.

SE157.2104

INFORMATION FOR CUSTOMERS

Australian Government Mobile Service Centre

Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online.

For more information, go to **servicesaustralia.gov.au/mobileoffice**

SE156.2103

Australian Government

Services Australia

servicesaustralia.gov.au/mobileoffice

Northern Veterans and Families' Wellbeing Hub Now Open

Legacy Utility Grant Reminder:

Keep Comfortable Year-Round!

Did you know that Legacy provides a Utility Grant to help alleviate energy costs in the home (e.g. electricity, gas, firewood). The means tested grant is up to $500 and is issued twice a year. If you are interested, please contact your Legatee or the Community Services team for a Financial Assistance form.

For more information call **08 8231 9812**.

Bequests

We wish to thank and acknowledge the vital support received from our supporters who have left a gift to Legacy SA and Broken Hill in their will. We continue to serve the families of those served through the generous support of our Legacy Family and Friends.

If you have any questions about how you might help Legacy by leaving a gift in your will, please phone Legacy SA & BH on **08 8231 9812**.

AUSTRALIAN VETERANS'
CHILDREN ASSISTANCE TRUST

AVCAT SCHOLARSHIPS

Tertiary scholarships for children and grandchildren of Australian ex-serving veterans

$4000-$6000 a year, for 3 years

Eligibility

- Australian residency or citizenship
- Child or grandchild of an Australian ex-serving veteran
- Full-time tertiary student in 2026 enrolled in a minimum one-year course
- Demonstrate financial hardship on income and assets grounds

Applications open Vietnam Veterans' Day

18 August 2025
And close 31 October 2025

Apply online at
avcat.org.au

Christmas Pudding Order Form 2025

Once completed, please return the form to marketing@legacysa.org.au

Details

Name .....

Address .....

.....

Phone Number .....

Email Address .....

Christmas Pudding Options

QTY

	$11 Each Box: Small Christmas Pudding 4 x 100g puddings per box
	$15 Each Box: Large Christmas Pudding 1 x 800g pudding per box

Delivery/Pick Up (Tick)

☐ Delivery
Delivery will be charged at rate prescribed by Australia Post

☐ Pick Up
Collect from Legacy House, Torrens Parade Ground

Payment

Payment Type (circle): Cash / Cheque / Credit Card Amount: $ .....

Subject to be confirmed

Cardholders Name: .....

Card No: ..... / ..... / ..... / .....

Expiry Date: ..... / ..... CVV: .....

Signature: .....

Credit Card payments will be processed on collection/delivery

Office Use Only

Enigma Reference No: ..... Receipt No: .....

Legacy Assistance and Support

Telephone
08 8231 9812

Email
familyservices@legacysa.org.au

Legacy beneficiaries with an allocated Legatee are encouraged to make contact with their Legatee for advice or assistance. If you are unable to contact your Legatee, or if you do not have an allocated Legatee, **you can contact a Community Services Team Member at Legacy between the hours of 9am and 4pm, Monday to Friday.**

Types of support available:

- Financial support (i.e.: education, utility, driving lessons)
- Holiday accommodation
- Compensation advocacy
- Legal advice
- Information provision
- Family Days (social support)
- Social work team

Other Support Services

Open Arms
Face-to-face and/or tele-health counselling.

1800 011 046

Mens Line
Telephone and online counselling service for men.

1300 789 978

Beyond Blue
24/7 suicide prevention and crisis support.

1300 224 636

Kids Helpline
24/7 online and phone service for young people aged 5-25.

1800 551 800

Suicide Call Back Service
24/7 phone and online counselling to people affected by suicide.

1300 659 467

1800 Respect
24/7 support to people impacted by domestic, family or sexual violence.

1800 737 732

Lifeline
24/7 crisis support.

13 11 14

All Hours Support Line
24/7 telephone service for Australian Defence Force members and their families. Services include psychology, medical, social work, and chaplain services.

1800 628 036

Safe Zone Support
24/7 counselling line for all current and ex-serving ADF personnel, veterans and their families.

1800 142 072

Support Agencies and Information

To make an appointment with any of these services, please contact Legacy on **08 8231 9812** and ask to speak with a Community Services Team Member who can assist in your enquiry.

Legal Advice

Mark Turner (Scales & Partners)
1st Monday & 3rd Thursday of each month between 12:30pm & 2:00pm
The initial consultation is free and follow-up, such as Wills or Power of Attorney and the like, will attract a moderate fee.

Real Estate Advice

Debbie Glastonbury
4th Wednesday of each month between 10:00am and 11:00am

Legacy Equine Therapy

For Social and Therapeutic support
The session includes an introduction to the horses, close interactions and petting but no riding. If you have a good level of mobility, make an appointment.

Home and Garden Maintenance

We Care Home & Garden

Locations

- Strathalbyn
- Mt Barker, Nairne, Little Hampton
- Port Elliot, Goolwa
- Mt Barker
- Echunga
- Possible Metropolitan locations - telephone to discuss

Rates

- Singular - $65 an hour
- Team - $120.00 an hour

Jobs

- General handyman
- Gardening

For more information, or to book a maintenance, please contact Steve on 0401 124 141 or steve@wecarehomeandgarden.com.au

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Mobile Beauty and Wellness Services

Bedside Beauty and Wellness
Staff are fully qualified, experienced and specially trained to work in these sectors, in hospitals, with the elderly, and with those who have little or no mobility. They visit most metropolitan homes, hospitals, rehabilitation and aged care facilities, and work with over 45 leading home care and disability care provider partners.

Their treatments includes: hand and foot care, therapeutic massage, face and skin care, waxing and hair removal, and hairdressing.

For more information and or to book a service, check out the website bedsidebeauty.com.au or call Bedside Beauty and Wellness on 0422 629 447.

Legacy Widows' Club and Social Group Floral Emblems

The **Intergenerational Social Group** is represented by the Rose Just Joeyll.

The **Manningham Social Group** is represented by the Daisy.

Moroccan chickpea tagine

Ingredients

2 x 400g cans chickpeas, rinsed, drained
2 tbsp Moroccan seasoning
400g can crushed tomatoes with onion & garlic
1 cup (200g) couscous
60g baby spinach leaves

Method

1. Heat a non-stick frying pan over medium heat. Add the chickpeas and Moroccan seasoning and cook, stirring, for 2 mins or until lightly browned.
2. Add tomatoes and 1/2 cup (125ml) water to pan. Bring to the boil. Reduce heat to medium and simmer, uncovered, for 3 mins or until sauce thickens slightly. Remove from heat. Season.
3. Meanwhile, place couscous in a large heatproof bowl. Stir in 1 cup (250ml) boiling water. Cover with foil. Set aside for 5 mins. Use a fork to separate the grains. Season. Serve with the chickpea mixture and spinach.

Legacy Calendar

SEPTEMBER 2025	OCTOBER 2025	NOVEMBER 2025
3 Legacy Week Corporate Breakfast *- Skycity Adelaide Ballroom* **7** Australasian Soldiers Dardanelles Cenotaph Commemorative Service **17** Legacy Art Group **24** Beneficiary September Luncheon *- Adelaide Pavilion*	**15** Legacy Art Group **17** War Widows' Day High Tea *- Glanville Hall* **19** War Widows' Day **29** Beneficiary October Luncheon *- Adelaide Pavilion*	**5** Remembrance Day Luncheon *- Adelaide Pavilion* **8** 76th Annual Legacy Race Day *- Morphettville Racecourse* **11** Remembrance Day **19** Legacy Art Group
DECEMBER 2025	**JANUARY 2025**	**FEBRUARY 2025**
2 Legacy Christmas Luncheon *- Torrens Parade Ground* **6** Legacy Families Christmas Party *- Government House*		

Change of Address Notification

If you are moving, please make sure we don't lose contact with you!

Name: .....

Date of Birth: ..... / ..... / .....

Previous Address: .....

New Address: .....

New Phone Number: .....

New Email Address: .....

- ◯ Own House / Unit
- ◯ Renting
- ◯ Retirement Village
- ◯ Aged Care
- ◯ Other: .....

Please return to:
Information Officer
Legacy Club of SA and BH Inc.
GPO Box 1367
ADELAIDE 5001
records@legacysa.org.au